

Unlocking the Value of Reflective Practice

Virtual Interactive Workshops

Foundation Trust

Date 21: Start 09:30 – 16:00 (doors open at 9:20)

(doors open at 9:20, break at 11:00 and 14:30)

Outline

This half day course focusses on the skills of reflective practice & will cover some of the theoretical background in this field & include opportunity to practice skills in leading a reflective discussion and writing reflective notes.

The course aims to develop knowledge, skills & competencies in these areas:

- Skills for effective feedback
- Reflective practice and learning
- Holding a reflective practice discussion
- Writing reflective practice notes

Dr Rob Macpherson

Rob is a consultant psychiatrist in Gloucestershire he retired from full time work in 2017. He now works as a part time early intervention psychiatrist. Throughout his career Rob had a significant involvement in medical education, having been clinical tutor, TPD for general adult psychiatry and for seven years head of Severn School of psychiatry.

He was also involved in the development of appraisal in his trust and was lead for appraisal for a number of years. He has had a number of college roles, including seven years as Director of South West Training, and membership of the Royal College of Psychiatrists recruitment committee.

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