

Mentoring Skills

Virtual Interactive Workshops

Gloucestershire Health and Care NHS Foundation Trust

7th July 2021: Start 09:30 – 16:30 (Doors open at 9:20)

In response to the current challenges of face-to-face teaching, we have developed a series of engaging and interactive Zoom workshops for supervisors.

Outline

By the end of workshop, you should be able to:

- Appreciate the role and importance of mentoring in medicine.
- Gained confidence utilising a mentoring approach in your relationship with other doctors
- Enhanced your skills in active listening in the context of a mentorship relationship
- Developed appropriate questioning techniques and new methods of guidance without being overly directive
- Understand contracting and how to manage the mentee-mentor relationship
- How to access peer support and supervision as a mentor
- What to do if you are concerned about the wellbeing of your mentee

Programme

Pre-course

Short mentoring/ skills eModule

Am 9:30 -12:30 (break at 11)

Mentorship skills
Mentorship models and practice
Local implementation of a
mentoring scheme Contracting

PM 13:30 – 16:30 (break 15:00)

Mentorship supervision
Working with blocks and rate
limiting beliefs
Mentoring to enhance resilience
and wellbeing

Dr Peter Taylor

Peter worked as a Haematologist until retiring from clinical practice in 2016. He was Director of Medical Education before spending the last 10 years as a Deputy Postgraduate Dean. He was awarded a master's in medical education and is a ILM (level 5) Coach. His main interest has been in supporting the development, implementation and assessment of a board range of educational materials both for healthcare trainees and particularly their supervisors and has been an active participant in the national Delivering Excellence in Medical Education Conference.

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