

Advanced Coaching Skills

Virtual Interactive Workshops

NHS Trust

21: Start 09:30 – 15:30 (doors open at 9:20)
(doors open at 9:20, break at 11)

Outline

This programme is for participants who have already completed the Introduction to coaching skills course

- Opportunity to reflect on your experiences to date using coaching skills in your interaction with others.
- Further enhance your skills of active listening, supportive and challenging questioning techniques, reframing and developmental feedback.
- Opportunity to build on previous strategies to support the wellbeing of others
- Enhance your skills working with through limiting assumptions and blocks

Facilitator – Sarah Jonson

Sarah is an Organisational Development Manager and Leadership Development Specialist within the NHS. She believes in supporting leaders and managers through coaching, mentoring and personal development interventions and programmes to help them to be as effective as possible to ensure delivery of excellent services to all service users.

Sarah delivers Institute of Leadership and Management qualifications for individuals to become executive, workplace and strategic coaches and mentors.

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